

TO WRITE LOVE ON HER ARMS★

SHARE

Group

Stressed?

Feeling lost or
out of place?

Struggling with
depression
or anxiety?

Relationship
problems?

Whatever issues you may be facing, the SHARE Group provides a safe place to talk about problems in a confidential, non-judgmental, and supportive environment. The SHARE Group is facilitated by students and mental health professionals and is open to U-M students ages 18 and older.

Join us 1st Tuesday of the month,
7-8pm in the Union (Sophia B. Jones Room)

NEXT MEETING: April 3rd



Want more info? Check out our Facebook Group:
UMich To Write Love On Her Arms SHARE Group
This group is not intended to substitute mental health
treatment; e-mail maratm@umich.edu with questions.